

Packing List:

Latin America



Weather

Latin America has two seasons; the green season is roughly May – November, and dry season is December – late-April. While the green season is characterized by more moisture, the tropics can get rain throughout the year and it tends to come in sudden short downpours followed by sunshine. Keep in mind that "dry season" does not mean an absence of rain or humidity. And "rainy season" doesn't mean you won't see the sun.

Annual temps along the Caribbean and Pacific coasts vary between mid-70s to 90s° F (22-32° C). So near to the equator, the sun in this region is intense, so even on mild days, sun protection is essential. Inland locations including San Jose and the Arenal Volcano/Monteverde Cloud Forest region are variable ranging from low-60s° F – high-70's° F (15-25° C) with rainfall year-round.

This region experiences an endless summer climate, so in general, expect warm and humid conditions. Be sure to check weather reports before your trip and pack accordingly.

Packing Tips

Each day brings snorkeling, kayaking, exploring trails or local culture, or taking in the sites on-deck. Weather and your choice of activities are the guides for packing. Think practical layers and active comfort. Clothing made with sun-protective and insect-repellant fabric is highly recommended. Storage space is limited, so pack efficiently.

Special footwear requirements: Trail conditions (roots, rocks, prickly fauna, mud, etc.) mean you'll need fully enclosed, closed-toe hiking shoes with good tread. The trails you hike on go through ecosystems rich with wildlife, which may include venomous and poisonous and/or stinging snakes, spiders, frogs, etc. For this reason, on some trails, fully enclosed/closed-toe shoes are REQUIRED.

Your suggested packing checklist:

Provided

- Adventure gear including mask/snorkel/fins & yoga mats
- Hairdryer, towels, toiletries (*shampoo/conditioner/body wash*)
- Refillable water bottles
- Fun and adventure!

Clothing

- Lightweight, breathable long-sleeve shirts
- Short sleeve, breathable t-shirts, shirts, or blouses
- Lightweight or convertible hiking pants
- Jeans/khakis, shorts, skirts/dresses
- Bathing suit

Footwear

For hiking & walking:

- Closed-toe hiking boots/shoes with tread (low or high hikers)
- Rubber boots (for travel in "green" season May-Nov)
- Comfortable walking shoes
- Socks

For wet landings & kayaking:

- Water socks or water shoes/sandals with straps

Outerwear

- Light rain jacket or poncho with hood
- Light fleece or jacket/pullover
- Brimmed hat & sun hat that covers ears/neck
- SPF-rated long sleeve swim shirt/rash guard for snorkeling
- SPF-rated full-length swim pants/tights for snorkeling

Luggage

- Collapsible or nesting luggage recommended to maximize cabin storage space
- Daypack for walks, hiking, skiff rides
- Dry bag for camera, binoculars, snacks, etc.

Additional Items

- Passport (w/ photocopy and/or picture on smartphone)
- Plane tickets (w/ photocopy and/or picture on smartphone)
- Travel binoculars with safety strap
- Extra water bottle & electrolyte replacement tablets or mix—hydration is key
- Chargers/power cords for electronics
- Camera, memory cards, extra batteries/charger, safety lanyard
- Sunglasses & retainer strap
- Reef-safe sun screen & lip protection
- Insect repellent (visit [CDC.gov/travel](https://www.cdc.gov/travel) for recommendations)
- Zip-lock and/or small garbage bags to separate wet & dry items

Optional/Suggested Items

- US cash/local currency: if you'd like to support native communities by purchasing their artisan crafts, bring US or local currency cash. Most items range from \$15-\$70 USD.
- Padded half-finger paddling gloves

Additional Items for Pre- / Post-Cruise Land Tours:

- All land tours: sunscreen; insect repellent; headlamp/flashlight with extra batteries
- Costa Rica & Panama: refillable water bottle
- Belize/Chaa Creek: one set of "nicer" clothing for visiting finer establishments in the evening

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