

A RESOURCE GUIDE FOR YOUR GENERATION

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# LIVING WELL *50 Plus*

ENTERTAINMENT • HEALTH • BARGAINS • LIFESTYLE

*Celebrating*  
**100** years

**Lucille  
Gilmore**

Living well fifty plus *plus*  
with an attitude of gratitude

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# TRAVEL

## Oregon Bound

### Cruising the Columbia and Snake rivers in style



by Jan Ross,  
Staff Writer

You may think you know all about Oregon, but until

you experience this destination from the luxurious S.S. Legacy with Un-Cruise Adventures, you don't know much at all.

Our impression, like many others, was that Oregon is composed of lush, green, Pacific Northwest rain forest. This is true, but when you cruise the Columbia and Snake rivers, you learn the eastern section of the state is mostly high desert composed of soaring gold and tan rocky shores.

The 88-guest Legacy, a replica of a turn-of-the-century coastal steamer, comes complete with period décor, carved wooden cabinetry, a lounge with a full bar, a lovely dining room with a wine bar, a saloon, two hot tubs, fitness

equipment and a massage suite. It departs from Portland. Not your typical small-ship cruise, this is a luxury experience that includes an open bar with an experienced bartender, yoga classes and a complimentary massage for every guest. When was the last time you had an open bar, free yoga classes and a free massage on a cruise? Try never.

With four expansive decks, the Legacy has plenty of space for viewing the ever-changing landscape and even offers elevator access to three of its decks. Our cabin was roomy and comfortable with plenty of storage space, and we appreciated the outside door, which created the illusion of even more space.

Don't plan to budget any money for shore excursions as you must on those large-ship cruises because with Un-Cruise Adventures, they are all included. Visits to museums,

forts and waterfalls are all part of the package. We had the most fun on our jet-boat trip up into Hells Canyon. The deepest river gorge in North America, Hells Canyon was carved out by the Snake River and is full of history, geology, breathtaking scenery and wildlife. We were amazed to see mule deer and Rocky Mountain bighorn sheep grazing peacefully on the banks, bald eagles soaring overhead and great blue herons fishing from rocks. Fascinating Nez Perce petroglyphs cover one canyon wall and remind us these Native inhabitants were here long before the area was discovered by white men. This canyon is actually deeper in spots than the Grand Canyon and is so remote residents of the cabins that dot the shore must manage with no electricity or plumbing.

After every day of adventure, we looked forward to a wonderful gourmet meal. Each meal and snack was prepared onboard by the talented kitchen staff and we enjoyed every bite. There was nothing like coming back to our cozy cabin on the Legacy, enjoying another gorgeous sunset on the river and gearing up for another day of even more fabulous adventures.

The deepest river gorge in North America, Hells Canyon was carved out by the Snake River.

