

JUNEAU: MENDENHALL GLACIER PACKING LIST

Packing Tips

On the 14-night Fjords of Alaska—Ultimate Adventure cruise and the 7-night Alaska Rail, Denali, Knik River Endeavour land package there is a choice of activities in Juneau. Guests who choose the Mendenhall Glacier Paddle & Hike* should anticipate a hard-charging, full day including a paddle across the lake and back, plus a 5-mile roundtrip hike to a glacier.

To be prepared for the activities and conditions on this adventure, the following items are recommended by your expert Alaska guides.

PROVIDED FOR YOU BY YOUR GUIDES

- Backpack/dry bag
- Microspikes (i.e. mini crampons)
- Trekking pole
- Helmet
- Rain gear (jacket/pants)
- Healthy snack/bottled water
- Roundtrip van transportation

YOU SHOULD BRING WITH YOU/WEAR:

- T-shirt
- Long sleeve shirt
- Insulating layer (i.e. fleece jacket)
- Long underwear (weather dependent)
- Hiking Pants (non-cotton)
- Your own rain jacket/pants for best fit
- Gloves (fleece liner type)
- Warm hat
- Sun hat
- Sunglasses
- Hiking boots REQUIRED (preferably high top and waterproof; no sandals, open-toed, or minimalist shoes)
- Sunscreen
- Bug repellent
- Camera
- Extra snacks
- Binoculars

**Children must be 12 years and older to participate in the Mendenhall Lake/Glacier outing. Guests with children under 12 years old may select the Mt. Roberts tram excursion.*

Define Your Un-ness.

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